



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



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**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

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## News Release

Date: January 5, 2023  
For Immediate Release  
Contact: 518-565-4840

### Healthy Neighborhoods Program to Target City of Plattsburgh Residents

**Plattsburgh, January 5, 2023.** The Clinton County Health Department’s (CCHD) Healthy Neighborhoods Program (HNP) will kick off 2023 with door-to-door outreach in the City of Plattsburgh. HNP staff will provide brief, in-home surveys to identify health and safety concerns and provide appropriate home safety education and products at no cost to the families that participate.

“These visits are designed to assess health and safety topics in the home. Once safety concerns have been identified, staff will educate residents on those identified issues and provide appropriate home safety products, such as smoke alarms, carbon monoxide detectors and fire extinguishers,” explained Maryann Barto, Public Health Educator.

During the home visit, HNP staff will discuss fire safety and determine the best way to reduce household accidents. Education also includes: indoor air quality, carbon monoxide poisoning, lead poisoning and other household health and safety topics. When appropriate, HNP will also cover asthma prevention tactics in order to reduce airway irritants in the home and infant safety concerns. Information about community resources and referrals to other programs will also be made available during these visits.

The City of Plattsburgh will be the focus region for January-March. However, participation in the Healthy Neighborhoods Program is **free and open to all Clinton County residents**. Residents who are interested in participating in the program can contact HNP at (518) 565-4870 or [www.clintonhealth.org/healthyneighborhoods](http://www.clintonhealth.org/healthyneighborhoods) to schedule a visit.

“This is a great opportunity for our residents to receive education and free products provided by CCHD. We encourage all residents to sign-up for this program and schedule an appointment with our staff,” added Ms. Barto. “We strive to help families have the safest home possible.”

### About the Clinton County Health Department:

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## News Release

Date: January 23, 2023  
For Immediate Release  
Contact: 518-565-4840

### Clinton County Health Department Releases 2019-2021 Community Health Assessment

**Clinton County, January 23, 2023.** The Clinton County Health Department (CCHD), along with UVM Health Network-CVPH, its partner in community health assessment and planning, is pleased to announce the release of the 2022-2024 Clinton County Community Health Assessment. A community health assessment (CHA) provides a comprehensive picture of a community’s health status, factors leading to health inequities and resources available to improve health. The assessment also includes the Community Health Improvement Plan (CHIP), which details interventions and activities that a variety of partners will take on collectively in an effort to improve the overall health of residents.

The process to complete the assessment and plan in Clinton County takes approximately 14 months and includes a resident health survey, a stakeholder survey, a review of over 300 health indicators, a community health priority setting session and the creation of shared action plans.

The two top priority health issues that were identified through the assessment were: *Prevent Chronic Diseases* and *Promote Well-Being and Prevent Mental and Substance Use Disorders*, the same priority areas featured in the 2019-2021 CHA.

“The current assessment and improvement plan most definitely reflect an update to what we know about health in our community and what we feel we need to do about it versus an overhaul in our thinking,” states Mandy Snay, Director of Health Planning & Promotion at CCHD. “Priority areas have not changed for several assessment cycles, which continues to speak to the complexity of the issues and solutions needed to make a lasting impact.”

Despite no change in priority health issues, there were small changes made to the process that are reflected in the final documents. For example, survey tools were adjusted to improve the type of analysis that could be done and, for the first time, virtual attendance options were offered for priority setting events to maximize participation. These small changes allowed assessment leaders to better understand resident concerns, inequities and service gaps. Ms. Snay adds, “We were able to use this deeper understanding to expand the assessment’s ‘Community Profile’, which, in my opinion, is the most important piece of the assessment as it informs the action plans of the CHIP.” The current CHIP contains six action plans.

The Clinton County 2022-2024 Community Health Assessment and the resulting community health improvement plan can be found at [www.clintonhealth.org/pdf%20files/CHA\\_CHIP.pdf](http://www.clintonhealth.org/pdf%20files/CHA_CHIP.pdf)

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## News Release

Date: March 1, 2023  
For Immediate Release  
Contact: 518-565-4993

### New York State Releases Updated Lactation Law That Expands to all Employers

**Clinton County, NY, March 1, 2023**, New York State Governor Kathy Hochul announced the expansion of accommodations for those choosing to pump in the workplace on December 9, 2022. Legislation (S.4844-B/A.1236-A) now requires that **all** employers must:

1. Provide a safe and private pumping space that includes seating, access to running water, electricity, and in close proximity to the work space.
2. Develop and implement a written lactation policy that ensures employee rights will not be infringed upon if they choose to pump and/or feed their child/ren in the workplace.
3. Distribute the written lactation policy to each employee upon hire, as well as to employees who are returning to work after the birth of a child.

In addition to the health benefits associated with chest/breastfeeding, research has shown that accommodating chest/breastfeeding employees improves job satisfaction, productivity, and staff loyalty; and it decreases absenteeism, health care costs, and employee turnover.

The Clinton County Health Department’s *Creating Breastfeeding Friendly Communities (CBFC)* grant is partnering with businesses in Clinton, Essex, Franklin, Warren and Washington Counties to become *Chest/Breastfeeding Friendly Workplaces*. Throughout the designation process, staff will provide technical assistance with policy creation and implementation as well as resources needed to create a lactation room in accordance with NYS Labor Law 206-c.

Becoming a *Chest/Breastfeeding Friendly Workplace* is simple and trained CCHD staff will help you every step of the way.

1. Complete a ‘Worksite Assessment’ which is a short document that captures what is occurring within your facility. They are all yes or no questions and can be completed quickly.
2. Adhere to the **updated NYS Labor Law Section 206-C** (taking effect June 2023).
3. With your approval, staff will promote your place of business on our social media platforms once you are designated as a *Chest/Breastfeeding Friendly Workplace*.

If you would like to take advantage of this opportunity please contact Health Planning and Promotion at 518-565-4993 for more information.

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Centers for Disease  
Control and Prevention  
National Center for  
Health Statistics



## Press Release

**FOR IMMEDIATE RELEASE**

**CONTACTS:**

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(Secondary) Mercy Alvarenga 301-458-4573  
Email: malvarenga@cdc.gov

### **NATIONAL HEALTH SURVEY IS COMING TO CLINTON COUNTY**

*NHANES, the nation's mobile health survey, has been traveling across the country learning about the health of the U.S. population since 1960.*

The National Health and Nutrition Examination Survey (NHANES), the most comprehensive survey of the health and nutritional status of the U.S. population, is coming to Clinton County, NY beginning on **May 25, 2023.**

Why Clinton County? All counties and cities in the United States have a chance to be selected for the NHANES and, this year, Clinton County is one of 15 counties selected to be part of this initiative. Each year, only 5,000 residents nationwide are chosen to participate in NHANES, conducted by the National Center for Health Statistics (NCHS), part of the Centers for Disease Control and Prevention (CDC).

*NHANES provides important national data on critical public health issues. "NHANES serves as the nation's 'health check-up' by going into communities throughout the country to collect health information," said Brian C. Moyer, PhD, Director of the National Center for Health Statistics (NCHS). "The survey provides a wealth of important data about many of the major health and nutritional issues affecting the country."*

Since 1960, NHANES has had a prominent role in improving the health of all people living in the U.S. NHANES data address critical health concerns, such as obesity, diabetes, and cardiovascular disease. Public health officials, legislators, and physicians use this information to develop sound health policies, direct and design health programs, and services, and expand the

#### **Why Should **Every Eligible** Resident Participate in NHANES?**

- Participants receive a free and comprehensive health and nutrition evaluation.
- Participants help develop and evolve national health programs and policies.
- Participants receive a token of appreciation for their time.
- All information collected is confidential, as required by law.



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National Center for  
Health Statistics



health knowledge of the nation. NHANES data also help produce national references and standardized growth charts used by pediatricians across the country.

***“The information that NHANES collects gives local health departments across the nation insights into our national health statistics. This year, with the involvement of Clinton County residents, the information will be even more valuable for the CCHD and our community partners as it will reflect not only national health trends, but also provide valuable insight into our local needs related to nutritional status, disease prevalence, risk factors for disease, among other measures. We encourage everyone who feels comfortable to participate.” said Jeffrey Sisson, Director of Public Health, at the Clinton County Health Department.***

NHANES collects a broad range of data that affect the lives of everyone in the country, regardless of age, addressing everything from air quality to the low-fat and “light” foods found in grocery stores. Now more than ever, collecting timely information on the status of the nation’s health is critical. An NHANES team of health professionals, nutritionists, and health technicians is heading to Clinton County and urges everyone who has been selected for the survey to participate.

Residents will have an invitation-only opportunity to participate in NHANES. Addresses are randomly sampled within the county. By selecting participants this way, when combining data from all counties visited this year, NHANES data can more accurately represent the U.S. population.

Households will be sent one or more letters inviting them to be part of NHANES by completing a brief online questionnaire to see if anyone in their home is eligible to take part. Those eligible will be contacted by an NHANES representative to set up a telephone health interview at a convenient time, followed by a health examination that takes place in the NHANES mobile examination center. While no medical care is provided directly in the mobile examination center, a report on physical findings is given to each participant, along with an explanation of those findings from survey medical staff. All information collected in the survey is kept confidential and individual privacy is protected by law. NHANES is taking all precautions needed, as recommended by the CDC, to keep survey participants and staff safe by following



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Health Statistics



guidelines on social distancing, use of personal protective equipment, handwashing, and sanitation of the mobile examination center and all equipment.

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*The National Health and Nutrition Examination Survey (NHANES) is a national survey that monitors the health and nutritional status of adults and children across the United States conducted by the National Center for Health Statistics (NCHS), part of the Centers for Disease Control and Prevention (CDC). [www.cdc.gov/nhanes](http://www.cdc.gov/nhanes)*

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## News Release

Date: April 20, 2023  
For Immediate Release  
Contact: 518-565-4840

### Make Everyday Earth Day with a Green Cone Solar Digester

**Clinton County, April 20, 2023.** In recognition of Earth Day 2023, the Clinton County Health Department (CCHD) and Casella Waste Management at the Clinton County Solid Waste & Recycling Facility would like to remind residents that green cone solar digesters are available for purchase.

By using the sun’s energy and tapping into the surrounding micro-organisms, solar digesters provide a low-maintenance, space sensitive alternative to traditional food scraps recycling options, like composting. The solar-heated unit safely eliminates cooked and uncooked food waste, including items your backyard composter can’t handle such as meat, fish, bones, and dairy products. For more information visit [www.greenconeusa.com](http://www.greenconeusa.com).

“We were able to collect data from residents who purchased a green cone solar digester last year and learned that 100% of respondents felt the green cone solar digester was easy to use for all family members, including children,” states KayLeigh Raville, Supervising Public Health Educator at the Clinton County Health Department. She adds, “Over 80% of respondents reported the green cone solar digester met their expectations for a composting alternative and nearly all residents who were surveyed would recommend a digester to their friends and family.”

By purchasing a green cone solar digester you and your family can invest in our planet and celebrate Earth Day every day. Solar digesters are available for purchase at a reduced cost of \$50 **at the Schuyler Falls Convenience Station, 404 Sand Road, Morrisonville, NY 12962.** All funds collected from the sale will be used to purchase additional digesters to sell to the public at the discounted rate.

Convenience Station hours are: Tuesdays, Thursdays and Saturdays from 9am – 4pm and Wednesdays and Fridays from 12pm to 4pm. Cash or personal checks will be accepted for payment.

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## News Release

Date: May 2, 2023  
For Immediate Release  
Contact: 518-565-4840

### **Clinton County Health Department Awarded Breastfeeding, Chestfeeding, and Lactation Friendly New York Grant**

**Clinton County, May 2 2023** – The New York State Department of Health awarded the Clinton County Health Department (CCHD) a \$197,502 per year, five year grant to increase regional capacity and support to improve the continuity of care for breast/chest feeding and human milk feeding across community settings. CCHD will advance broad-based policy, systems and environmental changes to promote, support and protect breastfeeding and chestfeeding (a term used to describe feeding a baby from a person’s chest) across Clinton, Franklin and Essex Counties. The contract will commence July 1, 2023 and end June 30, 2028.

Exclusive breast/chest feeding for the first six months of life is a public health priority and a goal of the [New York State Prevention Agenda](#), the blueprint for state and local action to improve the health of all New Yorkers. In addition, the American Congress of Obstetricians and Gynecologists, American Academy of Family Physicians, American Academy of Pediatrics, and World Health Organization all recommend exclusive breast/chest feeding for six months, followed by continued breast/chest feeding for one year or longer as mutually desired by parent and infant.

“Anything we can do to support breast/chestfeeding families sets Clinton County up for a healthier future,” says Mandy Snay, Director of Health Planning and Promotion at CCHD. She adds, “Clinton County partners have been working collaboratively for many years with great success. The number of breast/chestfed babies continues to increase each year which speaks to the effectiveness of this kind of work. The CCHD team is excited to be able to continue these efforts and support partners across the region.”

CCHD was awarded one of nine grants statewide. The grant will cover state identified priority areas in Clinton, Essex and Franklin Counties to address breast/chest feeding disparities and improve health equity for communities with high rates of poverty and chronic disease. Community settings of focus for this initiative include businesses and worksites, health care practices, public spaces, and community venues where people live, work, gather, play, worship, and receive services. This funding will allow CCHD to build upon the successes and address barriers identified through the *Creating Breastfeeding Friendly Communities* grant (2016-2023).

Long-term outcomes of the Breastfeeding, Chestfeeding, and Lactation Friendly New York (BFF-NY) program include:

- Increased breast/chest feeding initiation, exclusivity, and duration in communities of focus.
- Reduced racial/ethnic and community disparities in breast/chest feeding initiation, exclusivity, and duration.
- Improved health in communities of focus.
- Reduced obesity and risk of chronic diseases in NYS.



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For more information and a full list of funded organizations visit: [https://health.ny.gov/press/releases/2023/2023-04-21\\_breast-chest\\_feeding.htm](https://health.ny.gov/press/releases/2023/2023-04-21_breast-chest_feeding.htm).

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## National Health and Nutrition Examination Survey (NHANES)

[National Health and Nutrition Examination Survey \(cdc.gov\)](https://www.cdc.gov/nhanes/)

### ***Media Advisory: Mobile Exam Center Media Day- Open House***

- TO:** Members of the Media in Clinton County
- WHAT:** Invitation to Media Coverage — CDC's NHANES at the mobile exam center tour and in-person interviews.
- Clinton County residents selected for national health and nutrition study to determine the health of U.S.
  - Clinton County is one of 15 communities in the nation to participate this year.
- WHEN:** Monday, June 12, 2023, 9 a.m.–11 a.m.
- WHERE:** Large White Medical Trailers, Champlain Centre Parking Lot  
60 Smithfield Blvd., Plattsburgh, NY 12901
- WHO:** Colette Quintana, Study Manager of NHANES

### **BACKGROUND:**

**National Health and Nutrition Examination Survey (NHANES) will host a Dry Run/Media Day on Monday, June 12, 2023.**

Colette Quintana, Study Manager of NHANES, will discuss the impact of the National Health and Nutrition Examination Survey (NHANES) to members of the community, media members, and provide tours and in-person interviews of the mobile exam center.

NHANES is the most comprehensive survey of the health and nutritional status of the U.S. because it combines health interviews and physical examinations to create a complete picture of the nation's health. It is the "health census" of the United States.

The mobile exam center travels across the United States yearly, visiting 15 counties and asking about 5,000 selected residents to be part of this unique health survey. Clinton County is one of the counties selected to participate in this initiative this year.

NHANES is now conducting the survey in the area, and it is important to let county residents know the impact of participation and the many benefits of being part of NHANES. Participants receive a modest financial token of appreciation as well as support with paying for transportation and childcare if needed. They also receive a comprehensive personal report about their health findings.

**Your media coverage is important to the success of NHANES, and we invite you to please come to our dry run/media day. We will have on-site interviews and tours.**

*About NHANES: The National Health and Nutrition Examination Survey (NHANES) is a national survey that monitors the health and nutritional status of adults and children across the United States conducted by the National Center for Health Statistics (NCHS), part of the Centers for Disease Control and Prevention (CDC). [www.cdc.gov/nhanes](http://www.cdc.gov/nhanes).*

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**VIDEOS:**

NHANES Communications Outreach – Coming to Your Community Video

[Coming to your community video NHANES](#) (Time: 7:05 minutes)

NHANES Mobile Exam Center Tour with Dr. Tony – The Nation’s Mobile Health Survey Video

[NHANES MEC Tour Video](#) (Time: 4:51 minutes)

**B-Roll videos:**

30-second Clip 2 <https://bcove.video/3T7oPKb>

30-second Clip 1 <https://bcove.video/3pUAbnD>

7 minutes of B-Roll <https://bcove.video/3wiuMKj>

**Contacts:**

Colette Quintana, Study Manager of NHANES

(800) 398-1394

Email: [ColetteQuintana@westat.com](mailto:ColetteQuintana@westat.com)

(Secondary) Mercy Alvarenga, MPH

Public Health Advisor (Spanish)

NHANES Outreach and Communications Coordinator

Office: 301-458-4573

Cell: 301-257-6123

Email: [zqp3@cdc.gov](mailto:zqp3@cdc.gov)

Media resources



NHANES mobile examination Center, photos available for use





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## News Release

Date: June 29, 2023  
For Immediate Release  
Contact: 518-565-4840

### Healthy Neighborhoods Program to Target Town of Chazy Residents

**Chazy, June 29, 2023** The Clinton County Health Department’s (CCHD) Healthy Neighborhoods Program (HNP) will continue with door-to-door outreach in the Town of Chazy. HNP staff will provide brief, in-home surveys to identify health and safety concerns and provide appropriate home safety education and products at no cost to the families that participate.

“These visits are designed to assess health and safety topics in the home. Once safety concerns have been identified, staff will educate residents on those identified issues and provide appropriate home safety products, such as smoke alarms, carbon monoxide detectors and fire extinguishers,” explained Maryann Barto, Public Health Educator.

During the home visit, HNP staff will discuss fire safety and determine the best way to reduce household accidents. Education also includes: indoor air quality, carbon monoxide poisoning, lead poisoning and other household health and safety topics. When appropriate, HNP will also cover asthma prevention tactics in order to reduce airway irritants in the home and infant safety concerns. Information about community resources and referrals to other programs will also be made available during these visits.

The Town of Chazy will be the focus region for July-September. However, participation in the Healthy Neighborhoods Program is **free and open to all Clinton County residents**. Residents who are interested in participating in the program can contact HNP at (518) 565-4870 or [www.clintonhealth.org/healthyneighborhoods](http://www.clintonhealth.org/healthyneighborhoods) to schedule a visit.

“This is a great opportunity for our residents to receive education and free products provided by CCHD. We encourage all residents to sign-up for this program and schedule an appointment with our staff,” added Ms. Barto. “We strive to help families have the safest home possible.”

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## News Release

Date: July 3, 2023  
For Immediate Release  
Contact: 518-565-4840

### Drinking Water Safety after a Flood

Many areas in northern Clinton County have been affected by recent heavy rains and flooding. After flooding, private well owners should take actions to ensure their private well water supply is safe for consumption. When a water supply well has been affected by flood waters, the water within the well may be contaminated with waterborne pathogens (germs) that can cause serious illness in humans and pets. If you believe that your well has been contaminated, discontinue using your well water for drinking and cooking purposes, and use only disinfected or bottled water. Contact the Clinton County Health Department for fact sheets and instructions on proper clean-up, disinfection and sampling to make sure your drinking water is safe. Drinking water wells can also be contaminated by fuel oil or other chemical products released during the flood (such as from home oil tanks and agricultural tanks). **If you believe your well may be contaminated by petroleum or other chemicals, do not use your well and immediately contact your local Health Department or the Department of Environmental Conservation Spill Hotline at 1-800-457-7362.**

A flood will leave warning signs that a well may be unsafe. Below are some things that a well owner can look for, any one of these signs may indicate that a well is contaminated. Most private wells have the pump located inside the well casing and submerged, so well owners will probably not be able to inspect the pump. Well owners should contact a qualified professional, registered well driller or pump contractor, to evaluate and service well pumps.

1. Is the well cap and seal securely fastened to the well casing? A loose well cap can allow sediment and debris to enter the well and contaminate it.
2. Is the well located in or near the area that was flooded? If your well was submerged in flood water, the well water is probably contaminated. Even if you did not see the area during the flood, debris and mud in the area and water or mud stains on the well cap could indicate that the well was flooded.
3. Is the ground surface around the well intact and stable? During flooding the ground around the well may erode, possibly creating unsafe conditions or a pathway for surface water and contaminants to enter the well.
4. Are there any electrical components or wires visible? Visible electrical wires may be dangerous and should be avoided due to electrical shock. If electrical connections or controls located



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outside the well casing remain submerged, turning on the pump may cause electrical shock or damage to the system. A qualified electrician should be contacted.

5. Is any damage to the well casing visible? A bent or cracked well casing may allow surface water, sediment and debris to enter the well and will increase the risk of contamination.

If you determine that your well has been flooded, do not turn on your well pump until the well has been assessed and repaired as needed. Do not drink or wash with well water until the well has been restored by proper disinfection and flushing. For more information please contact the Clinton County Health Department at 518-565-4870.

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## News Release

Date: July 25, 2023  
For Immediate Release  
Contact: 518-565-4840

### **Are Your School-Aged Children Up-To-Date on Required Vaccinations for the Upcoming School Year?**

**Clinton County, July 25, 2023.** Another school year is fast approaching and the Clinton County Health Department (CCHD) reminds residents that all children must be age-appropriately immunized to attend school in NYS.

“We saw a number of children fall behind in required vaccinations and well-child visits due to the recent pandemic,” explained Nichole Louis, Supervising Public Health Nurse in the Division of Health Care Services at CCHD. “With the recent closure of one of our largest pediatric providers, it is extremely important for parents and caregivers to be proactive in scheduling these visits with their provider prior to the next school year.”

If you have no insurance, no provider, or the provider cannot see your child for immunizations before the required date for school attendance, CCHD can assist you.

“CCHD offers immunization clinics for residents who are uninsured or underinsured every Tuesday from 9-11 am,” added Ms. Louis. “In addition to these clinics, we will also offer several afternoon/early evening clinics to accommodate our families.”

Additional clinic dates include:

- Monday, August 14, 3-5 pm
- Monday, August 21, 3-5 pm
- Monday, September 18, 3-5 pm
- Wednesday, September 20, 3-5 pm
- Thursday, September 21, 9-11 am
- Monday, September 25, 3-5 pm.

All clinics will be held at CCHD (133 Margaret Street in Plattsburgh).

Do not wait to schedule a visit with your child’s provider. If you delay, your child will likely miss the cut-off date for return to school and subsequently be excluded from school. If your child does not have insurance, is under insured, does not have a provider, or their provider cannot see them prior to the required deadlines, contact CCHD at 518-565-4848 to speak with a nurse who can assist you in obtaining the necessary vaccinations.

To learn more about NYS Immunization Requirements for School Entrance/Attendance visit <https://www.health.ny.gov/publications/2370.pdf>.



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**“Working Together for a Healthier Community”**





# Clinton County Health Department

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**Administration Division**

**Phone: (518) 565-4840**

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## News Release

Date: September 6, 2023  
For Immediate Release  
Contact: 518-565-4840

### Horse Identified with Eastern Equine Encephalitis in Clinton County

**Clinton County, September 6, 2023.** The Clinton County Health Department (CCHD) has been notified that a horse in Schuyler Falls has tested positive for Eastern Equine Encephalitis (EEE, Triple E) virus. The animal recently arrived in Clinton County and was likely exposed to EEE out of state. The EEE virus is transmitted by mosquitoes and can infect people, horses and other mammals, some birds, reptiles and amphibians. This very rare but serious virus can cause inflammation of the brain, also known as encephalitis.

In August, one horse tested positive for EEE in Moira (Franklin County), two in Brasher Falls (St. Lawrence County), and one in Brier Hill (St. Lawrence County). In the United States, an average of 11 human cases of EEE are reported annually. In New York State, there have been eight human disease cases between 2003-2022. These cases occurred in Oswego and Onondaga counties. There have been no human cases reported in NYS in 2023.

EEE can cause various symptoms, such as fever, headache, vomiting, diarrhea, seizures, behavioral changes, drowsiness, or coma. If you are under 15 or over 50, you are more likely to develop a severe form of EEE. The best way to prevent EEE is to protect yourself from mosquito bites. There are no medications to prevent or treat EEE virus infections in humans.

EEE vaccination is very effective at preventing clinical disease in horses. Vaccination needs to be repeated at minimum on an annual basis; consult with your veterinarian regarding boosters. To reduce exposure to mosquitoes for horses: eliminate any standing water (mosquito habitat) and place fans inside where the horses rest, limit outdoor activities at dawn and dusk, and use equine approved mosquito repellent.

Take the following steps to protect yourself:

- Cover your skin as completely as possible when outside when mosquitoes are present and active. Wear long sleeves, pants and socks.
- Use insect repellent containing DEET, Picaridin, Oil of Lemon Eucalyptus, or IR3535 and follow label directions. Do not apply repellent directly on children; instead apply it to your own hands and then rub it onto your child. Avoid applying to your face and wash your skin and clothing thoroughly after coming indoors.
- Make sure there are screens in your home’s windows and doors. Make sure the screens are free of rips, tears and holes.
- Eliminate all standing water on or around your home and property where mosquitoes can breed. Make sure your roof gutters drain correctly and clean clogged gutters in the spring and fall. Remove or turn over any items that may hold stagnant water, such as tires, buckets, planters, toys, pools, birdbaths, flowerpots, or trash containers to prevent mosquitoes from breeding. Clear vegetation and waste from the edge of ponds.



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For more information on EEE, please call CCHD at 518-565-4848 or visit:

CCHD Summer Safety Guide:

[http://www.clintonhealth.org/news\\_letters/SummerSafetyGuide2023.pdf](http://www.clintonhealth.org/news_letters/SummerSafetyGuide2023.pdf)

New York State Department of Health's website:

[https://www.health.ny.gov/diseases/communicable/eastern\\_equine\\_encephalitis/fact\\_sheet.htm](https://www.health.ny.gov/diseases/communicable/eastern_equine_encephalitis/fact_sheet.htm)

Center for Disease Control website:

<https://www.cdc.gov/easternequineencephalitis/index.html#:~:text=EEE%20virus%20is%20a%20rare,survivors%20have%20ongoing%20neurologic%20problems.>

U.S. Department of Agriculture's website:

<https://www.aphis.usda.gov/aphis/ourfocus/animalhealth/animal-disease-information/equine/eee-wee-vee>

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## News Release

Date: October 13, 2023  
For Immediate Release  
Contact: 518-565-4840

### White Management Welcomes Breastfeeding

**Plattsburgh, NY, October 13, 2023.** To support North Country families, the Clinton County Breastfeeding Coalition and Franklin County Breastfeeding Coalition have partnered with over 60 local businesses. In the *Breastfeeding Welcome Here* campaign, establishments welcome chest/breastfeeding to eliminate the negative social stigma surrounding chest/breastfeeding in public. White Management, owners of several fan-favorite local restaurants, is the newest partner.

White Management, a family-owned corporation, runs several franchises in New York including establishments in Clinton, Franklin, St. Lawrence, Warren, Saratoga, Albany, and Schenectady Counties. A total of 33 White Management locations are now participating in the Breastfeeding Welcome Here campaign with 20 establishments located in Clinton and Franklin Counties.

According to Brian White, President of White Management, “Our Company has always strived to ensure that customers feel welcome into each of our establishments. This holds especially true of our breastfeeding families because of how breastfeeding in public is often incorrectly seen as abnormal.” He adds, “With our partnership, we hope that breastfeeding families feel more welcomed to feed their child as they see fit while enjoying a meal of their own!”

The Clinton County Breastfeeding Coalition and the Franklin County Breastfeeding Coalition extend their greatest gratitude to White Management for their partnership in the *Breastfeeding Welcome Here* campaign. A complete list of White Management establishments can be seen here:

- Taco Bell (Clinton and Franklin County)
- KFC (Clinton, Franklin, St. Lawrence, Warren, and Saratoga County)
- Dunkin’ (Clinton, Franklin, and St. Lawrence County)
- Butcher Block
- The Log Jam Restaurant
- Bountiful Bread
- Annabel’s Pizza Company
- Bountiful @ Frog Alley Catering

If your business is interested in participation with the Breastfeeding Welcome Here campaign, call the Clinton County Health Department at 518-565-4993 or Franklin County Public Health at 518-481-1710.

-more-



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## News Release

Date: November 1, 2023  
For Immediate Release  
Contact: 518-565-4840

### Healthy Neighborhoods Program to Target Town of Black Brook Residents

**Black Brook November 1, 2023** The Clinton County Health Department’s (CCHD) Healthy Neighborhoods Program (HNP) will be conducting door-to-door outreach in the Town of Black Brook. HNP staff will provide brief, in-home surveys to identify health and safety concerns and provide appropriate home safety education and products at no cost to the families that participate.

“These visits are designed to assess health and safety topics in the home. Once safety concerns have been identified, staff will educate residents on those identified issues and provide appropriate home safety products, such as smoke alarms, carbon monoxide detectors and fire extinguishers,” explained Maryann Barto, Public Health Educator.

During the home visit, HNP staff will discuss fire safety and determine the best way to reduce household accidents. Education also includes: indoor air quality, carbon monoxide poisoning, lead poisoning and other household health and safety topics. When appropriate, HNP will also cover asthma prevention tactics in order to reduce airway irritants in the home and infant safety concerns. Information about community resources and referrals to other programs will also be made available during these visits.

The Town of Black Brook will be the focus region through December. However, participation in the Healthy Neighborhoods Program is **free and open to all Clinton County residents**. Residents who are interested in participating in the program can contact HNP at (518) 565-4870 or [www.clintonhealth.org/healthyneighborhoods](http://www.clintonhealth.org/healthyneighborhoods) to schedule a visit.

“This is a great opportunity for our residents to receive education and free products provided by CCHD. We encourage all residents to sign-up for this program and schedule an appointment with our staff,” added Ms. Barto. “We strive to help families have the safest home possible.”

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## News Release

Date: December 11, 2023  
For Immediate Release  
Contact: 518-565-4840

### CCHD to Hold Free COVID-19 Vaccine Clinic

**Plattsburgh, December 11, 2023.** The Clinton County Health Department (CCHD) is hosting a free COVID-19 Vaccination Clinic on **Wednesday, December 13, 2023.**

The clinic will be held from 1:00 pm to 3:00 pm at CCHD’s offices, located at 32 Court Street in Plattsburgh. This clinic is open for all residents ages 12 and older.

“Staying up-to-date on your COVID-19 vaccination helps protect you from severe illness,” stated Debra Tackett, Director of Health Care Services at CCHD.

Residents should preregister for this clinic by visiting

<https://apps2.health.ny.gov/doh2/applinks/cdmspr/2/counties?DateID=0C04C389CB8703A4E0630A6C7C151282> or contacting CCHD at 518-565-4848.

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## News Release

Date: December 26, 2023  
For Immediate Release  
Contact: 518-565-4840

### Healthy Neighborhoods Program to Target Town of Plattsburgh Residents

**Town of Plattsburgh, December 26, 2023** The Clinton County Health Department’s (CCHD) Healthy Neighborhoods Program (HNP) will be conducting door-to-door outreach in the Town of Plattsburgh. HNP staff will provide brief, in-home surveys to identify health and safety concerns and provide appropriate home safety education and products at no cost to the families that participate.

“These visits are designed to assess health and safety topics in the home. Once safety concerns have been identified, staff will educate residents on those identified issues and provide appropriate home safety products, such as smoke alarms, carbon monoxide detectors and fire extinguishers,” explained Maryann Barto, Public Health Educator in CCHD’s Environmental Health & Safety Division.

During the home visit, HNP staff will discuss fire safety and determine the best way to reduce household accidents. Education also includes: indoor air quality, carbon monoxide poisoning, lead poisoning and other household health and safety topics. When appropriate, HNP will also cover asthma prevention tactics in order to reduce airway irritants in the home and infant safety concerns. Information about community resources and referrals to other programs are also available during these visits.

The Town of Plattsburgh will be the focus region for January-March. However, participation in the Healthy Neighborhoods Program is **free and open to all Clinton County residents**. Residents who are interested in participating in the program can contact HNP at (518) 565-4870 or [www.clintonhealth.org/healthyneighborhoods](http://www.clintonhealth.org/healthyneighborhoods) to schedule a visit.

“This is a great opportunity for our residents to receive education and free products. We encourage all residents to utilize this program and schedule an appointment with our staff,” added Ms. Barto. “Our goal is to help families have the safest home possible.”

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